

NUHM ALAPPUZHA Transformation of Urban Primary Health centers to Health and Wellness Centers strengthen

Background

NUHM Alappuzha implemented on 2013-14 at Alappuzha district aiming to provide Primary Health Care Services at Urban poor and vulnerable population at free of cost and also to strengthen the public health activities in the urban area.

Objectives

Comprehensive Primary Health Care services in urban areas through Urban family Health centers for free of cost

Methods

Three UPHCs under NUHM Alappuzha is transformed as Health & Wellness centres (UPHC Cheravally , UPHC Nehrutrophy & UPHC Mullathuvalappu). Service delivery at Institution level and field level was strengthened after transformation.

Additional service like AFHC Clinic, Dental Clinic, Vision centre, fitness Centre, Patient Observation Room , Health and Wellness days observances, Pre check up done before consultation etc are started and family planning services are strengthened at UPHC level. Various corner like ORS, Condom, Cough Dots etc are implemented at the UPHCs.

As Health and Wellness Centre aims outreach services under UPHCs also strengthened. Monthly general clinic conducted at vulnerable areas under the wards of UPHCs including vision testing, hearing impairment mental health programme with necessary medicines and investigations. NCD Screening conducted at all wards under UPHC and newly detected patient referred to UPHCS and starting treatment. HIV, Malaria screening conducted at field level especially from migrant population. Pap smear screening camp ,Breast cancer screening etc conducted for the field area at the age group of above 30 aged women. Specialty medical camp conducted at vulnerable areas with providing services of one or two specialist Doctors and patients requiring further treatment referred to higher centers and continues follow up done by field staff for referral cases. Health awareness classes , communicable disease control awareness etc are provided at all wards monthly .

Result

Infrastructure Developed

UPHC level Clinical services are strengthened

Outreach services are Strengthened
Overall patient satisfaction level is increased.

Conclusion

As Health & Wellness Centre aims , Apart from providing curative services, It have been providing preventive and promotive services during outreach sessions and also in the facility as Health & Wellness sessions.